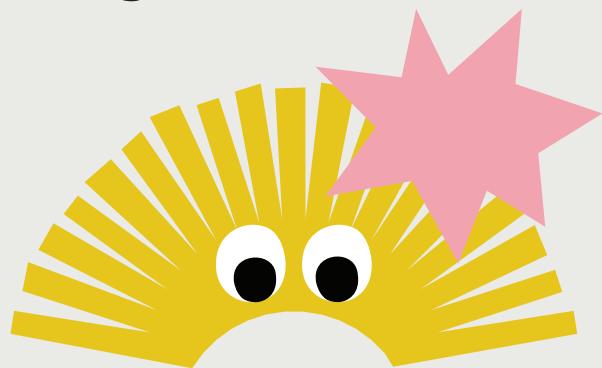


Even when kids are having tough times,
we can help them heal.

We can show them
respectful relationships...



LOOK LIKE

Caring for others
Accepting difference
Connection

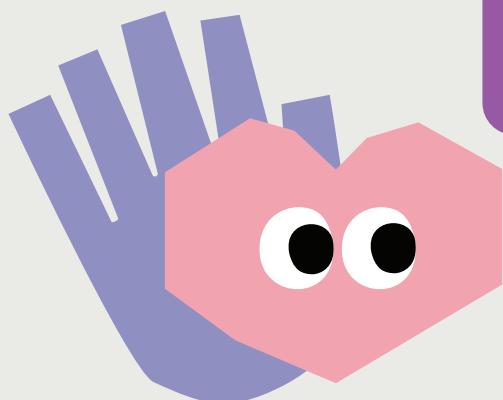
SOUND LIKE

Kind words
Forgiving mistakes
Resolving problems

RESPECTFUL RELATIONSHIPS

FEEL LIKE

Being heard
Having choices
Feeling safe
Respectful touch





This resource is designed as a conversation starter to think and learn about respectful relationships.

It helps all family members check in on their own respectful behaviours and guides parents to role model the kinds of behaviours that are important for their kids to learn and develop.

It is a tool that shows us how to relate to each other in respectful ways, while navigating the many ups and downs of life.