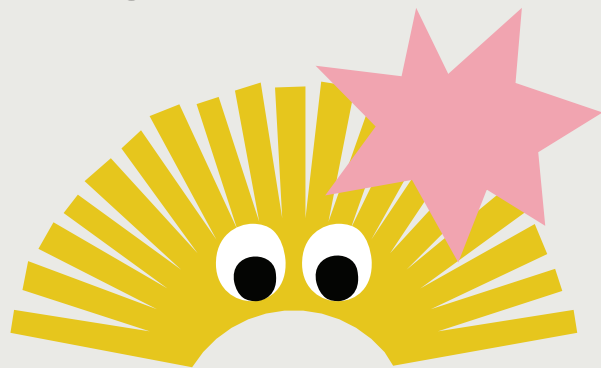


Even when kids are having tough times,  
we can help them heal.

We can show them  
respectful relationships...



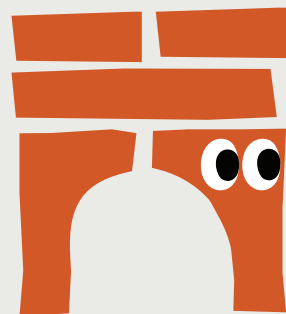
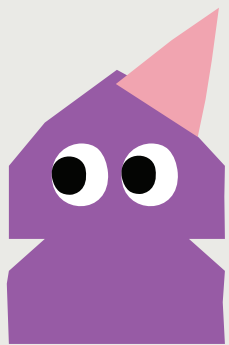
## LOOK LIKE

Caring for others  
Accepting difference  
Connection

## SOUND LIKE

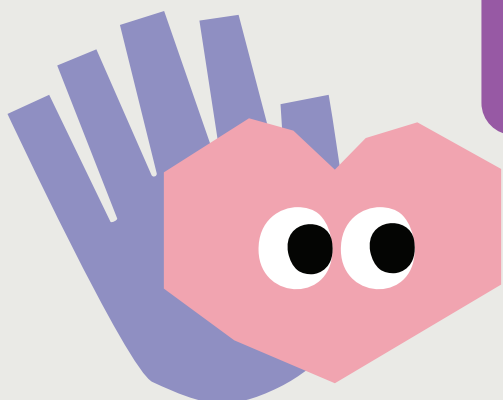
Kind words  
Forgiving mistakes  
Resolving problems

# RESPECTFUL RELATIONSHIPS



## FEEL LIKE

Being heard  
Having choices  
Feeling safe  
Respectful touch





**This resource is designed as a conversation starter to think and learn about respectful relationships.**

It helps all family members check in on their own respectful behaviours and guides parents to role model the kinds of behaviours that are important for their kids to learn and develop.

It is a tool that shows us how to relate to each other in respectful ways, while navigating the many ups and downs of life.

