



Circle of Security

A relationship based parenting program

Safety, security and trust are important for healthy relationships. Help your children form secure attachments early. In this free parenting program, learn how to:

- Connect and communicate with your child
- Help your child feel safe and secure
- Manage difficult behaviour (tantrums, attention seeking, clinginess)
- Support yourself when times are tough.

This course is for anyone caring for children. Mothers, fathers, significant others, parents to be, grandparents, foster and adoptive parents..

When:

Where:

Cost: Free

Sessions are held once a week, for 8 consecutive weeks. Preference is given to families living in the Playford area.

Bookings are essential. For more information and to book call the Children's Services team on 8250 6600.

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children +



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