

Child Sexual Abuse Counselling

Trauma-based counselling, family therapy and groups for child and adult survivors of childhood sexual abuse. Support is also available for secondary survivors, such as the survivor's partner, carer or family members.

Relationships Australia.

SOUTH AUSTRALIA

Have you experienced child sexual abuse? Do you need counselling and support?

The counselling we provide addresses complex trauma from child sexual abuse, to support recovery and interrupt intergenerational effects. Our counselling helps deal with the emotional, social, and psychological health impacts of this abuse.

Who can access this service?

- Children, young people, and adults who have survived child sexual abuse
- Survivor's partners, carers and family members
- Priority groups are children, young people and parents-to-be

What does the service provide?

- Individual counselling sessions
- Therapeutic groups
- Couple counselling
- Family therapy
- Parent-child counselling
- Warm referrals

Child Sexual Abuse Counselling is free and confidential. It is available via telehealth or from our physical locations and at outreach locations as negotiated. Please let us know your needs when you book your appointment.

For more information or to make an appointment

Hours: 9.00 am to 5.00 pm | Monday to Friday

Call: 1800 408 408

Call during business hours to make an appointment or to leave a voicemail and we will return your call.

For accessibility and translation information, please visit the website below.

Email: csacounselling@rasa.org.au

Website: www.rasa.org.au/csacounselling

If in crisis call Lifeline 13 11 14 or
Beyond Blue 1300 22 4636

For 24/7 national sexual assault, domestic family violence counselling service call 1800 RESPECT (1800 737 732)