

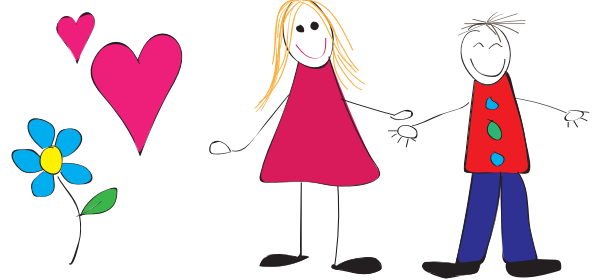
Week 4

Weekly Activity Ideas for You and Your Children



Outdoor Activities

OUTDOOR ART GALLERY – Using chalk, charcoal, sticks, stones, coloured leaves and petals, draw on outdoor surfaces. You could draw on pavers, concrete, trees etc. Create an art gallery and take your parent/carer around to see your artwork, or create it together! Maybe you could even leave notes on the ground using the chalk for pets or neighbours!



KICKING A BALL – Set up goals using sticks or chairs and see how many goals you can get. Challenge yourself by kicking from further away or tough angles.

Indoor Activities

PERFORM A CONCERT! – Get into fancy dress, create a music or acting performance for your audience. Parents – get involved! It is much more fun for kids when their parents get involved in these performances!

BLANKET FORT – Create a fort with blankets, couches, chairs, whatever you can use to hold up a tent/fort. Play a board game or tell made up stories to each other. You can also use a torch (on your phone) and make shadow puppets with your hands.

Movies for the family

- Emoji Movie
- Daddy Day Care
- Cats and Dogs



Remember the three C's:

Keep Calm, Be Creative and Parent with Care... and Fun!

