

Helpful Resources for Parents

Websites

Child Support Agency

Contains an excellent range of resources on separation that can be downloaded.

Publications can also be ordered for free.

<https://bit.ly/2PBU7sa>

Best for Kids

Family Law information for parents.

<http://www.bestforkids.org.au/>

Bonnie Harris Connective Parenting

Specialist parenting advice.

<https://bonnieharris.com/>

Kids Matter

A national mental health promotion, prevention and early intervention initiative for primary schools.

<https://beyou.edu.au/>

Keeping Kids in Mind

Website developed by services in NSW with separation resources for children, parents and professionals.

<http://www.keepingkidsinmind.org/>

Family Relationships Online

Family Relationships Online provides all families (whether together or separated) with access to information about family relationship issues, ranging from building better relationships to dispute resolution. Also provides details of your nearest Family Relationship Centre.

<https://www.familyrelationships.gov.au/>

Child and Youth Health

Includes information on family conflict and separation that may affect children's health and tips on how children can cope.

<http://www.cyh.com>

Australian Childhood Foundation

Support for children and families, especially around violence, trauma and abuse.

Also provide education and training for the community and professionals (including online training on their website).

<https://www.childhood.org.au/>

Children and Family Court Advisory and Support Service

UK Non-Governmental agency focused on putting children first in family courts. Website includes child friendly resources for children whose parents are separating or divorcing.

<https://www.cafcass.gov.uk/>

www.rasa.org.au

iPhone Applications

Divorce App

In the Divorce App, Dr. Woliver uses children's drawings to illustrate their stories, feelings and needs at each developmental stage, so parents and grandparents can help them deal with the divorce.

<https://apple.co/2XXLTOc>

Services at Relationships Australia SA

Children and Parenting Support

<https://bit.ly/2LaRfnA>

Children's Contact Service

<https://bit.ly/2vxcXrn>

Collaborative Practice

<https://bit.ly/2ULUAjm>

Elder Relationship Services

<https://bit.ly/2VECi1g>

Family and Domestic Violence Workforce Development

<https://bit.ly/2GLJqiW>

Family and Domestic Violence Support Services

<https://bit.ly/2LhWcek>

Family Dispute Resolution (Mediation)

<https://bit.ly/2XVauD7>

Family Mental Health Support Services

<https://bit.ly/2ZP96UC>

Family Relationship Centres

<https://bit.ly/2ZO6ki3>

Family Relationship Counselling

<https://bit.ly/2DGmbWK>

Find & Connect Support Services

<https://bit.ly/2vEvm5L>

Forced Adoption Support Services (FASS)

<https://bit.ly/2psKG2D>

Future Youth Initiative/SCILS

<https://bit.ly/2GSNxLg>

Gambling Help Service & Lived Experience Programs

<https://bit.ly/2vv13Oz>

Services continued...

HIV Women's Health Program

<https://bit.ly/2ZLWcXh>

iKiDs (Supporting Children and Young People After Separation)

<https://bit.ly/2ZO5RLG>

Indigenous Children and Schooling Program

<https://bit.ly/2GWt8VB>

MOSAIC Blood Borne Viruses Support Services

<https://bit.ly/2GMJjdm>

PEACE Multicultural Services

<https://bit.ly/2WfjVZ9>

Personal Counselling

<https://bit.ly/2V5Fu6H>

Post Adoption Support Services (PASS)

<https://bit.ly/2vulw51>

Post Care Support Services

<https://bit.ly/2V75QVz>

Post Separation Cooperative Parenting

<https://bit.ly/2DHJGyF>

Post Separation Support Services

<https://bit.ly/2IS7lRg>

Redress Support Services

<https://bit.ly/2Wc3RMI>

The Australian Institute of Social Relations

www.socialrelations.edu.au

Time for Kids

www.timeforkids.com.au

Together 4 Kids

<https://bit.ly/2Le6Dj3>

For Parents and Families

<https://bit.ly/2vxebTv>

Resources for Parents and Professionals

<https://bit.ly/2URU5NM>

Western CFARN

<https://bit.ly/2LaT2jk>

Downloadable Resources for Kids

Colour me calm

Brings together the fun and benefit of colouring in with some really useful exercises to help children slow down and relax

<https://bit.ly/2DGhBaW>

Grows a Little

Is a resource of catchy songs to play to children while they are accessing emergency or transitional services or to play in their own homes. The simple exercises that go with the songs in this workbook, do not require specialist training or specific therapeutic skills. Case workers and children's workers in the sector can use these songs and workbook to support children in their care by playing and singing the songs and doing the exercises, all without specialist training. Parents can readily go through the exercises with their own children at home.

<https://bit.ly/2XUsduz>

Innovative Resources

Excellent resources from the makers of St Luke's Resources including Strength Cards for Kids; I Can Monsters Cards; Stones Cards; The Bears Cards and Cars 'r' us Cards.

<https://innovativeresources.org/>

Quirky Kid Clinic

Various therapeutic resources to purchase for children and young people.

<https://childpsychologist.com.au/resources/>

The Freckled Frog

Children's toys and educational products.

<https://freckledfrog.com.au/>

