

No solution for slow internet

THE Elliston District Council has written to federal communication minister Malcolm Turnbull in an attempt to resolve the ongoing internet issue in the town.

The council's chief executive officer Rob Foster said the council was having difficulty gaining a solution to slow internet speeds through Telstra and had been

forced to resort to further measures.

Mr Foster said he had met with Telstra representatives on numerous occasions over the last 12 months without any solution.

The council has been advised by Telstra the service is at capacity and due to economic reasons, the company does not intend to

upgrade the bandwidth at this stage.

"Telstra make no money out of the upgrade, that's why it won't go ahead," Mr Foster said.

"However it is a social obligation and the only way it'll change is through political pressure."

Telstra area general manager John Tonkin said Telstra's posi-

tion has not changed over the last three weeks and the company was still exploring options to provide additional service.

The letter sent to Mr Turnbull has been supported by federal member for Grey Rowan Ramsey and state member for Flinders Peter Treloar.

Mr Foster is concerned for local

business owners and the town's health sector, who cannot properly function without a consistent internet connection.

He said the Elliston community was becoming increasingly frustrated with the issue and it remained the only town in South Australia with a microwave internet link yet to be upgraded.

Chips a unique variation for schnitzel



with Harry Fisher

THIS week I took a road trip out to Coffin Bay to try a schnitzel that I have heard a lot of great things about.

The Coffin Bay Hotel hosts its schnitzel nights on Wednesday evenings as well as a steak night on Thursday evening if that interests you.

The hotel has friendly staff, great service and a family-oriented atmosphere, which sets the tone for an enjoyable mid-week meal.

There is always great value on offer every night of the week so if you're around the area make sure you check it out.

This week I decided to go for an old personal favourite: the chicken kilpatrick, which proved to be a great choice.

Most kilpatrick schnitzels

have diced or shredded bacon in their toppings however the Coffin Bay Hotel used full sized rashers, unlocking an array of flavours.

There was just the right amount of kilpatrick sauce and the cheese was well melted and blended nicely with the rest of the topping.

Crinkle-cut chips were used at this hotel, something that I have not seen for a long time.

The flavour doesn't change with the use of the crinkle-cut style however the difference in texture is a big positive.

A salad bar was also on offer with a variety of different options.

I took advantage of that prior to my schnitzel arriving, which set the tone for the main meal that was just as enjoyable.

Overall, Coffin Bay provided a warm environment and a tasty schnitzel, highly recommended.

I have received a lot of feed-



SCHNITZEL FEST: A chicken kilpatrick schnitzel from the Coffin Bay Hotel.

back recently about the Schnitzel Fest and I am always open to new ideas about schnitzels that I can try.

One of my readers has expressed interest in finding a

gluten-free schnitzel, so if you know of any around town please email me.

Contact me with any new ideas at harry.fisher@fairfax-media.com.au

Residents' street name plea too late

RESIDENTS of the Tumbly Bay street in the midst of being renamed have been refused the opportunity to make a deputation to the council.

The resident leading the protest against the name change Ruth Page said she received a letter late last week informing her she would be unable to make the deputation.

Mayor Laurie Collins said the concerned citizens had been refused the opportunity for a deputation because the "mechanics" of the name change had already been completed by the time the council received the application.

He said the council had already notified authorities such as Australia Post and the Australian Electoral Commission, and it would be "out of order" to go back on that decision.

Mr Collins said the council's chief executive officer had written to householders to offer the help of rural councillor Monica Dodd to help them through the "hardships" of things involved with the street name change.

"It is an olive branch from council.

"We understand the anxiety and we're prepared to go through with efforts to help ease the burden."

How to read your power bill.

Electricity bills are getting harder to read these days. The confusion is shared by the majority of consumers and it seems that mobile phone bills and other utilities are all going down the same path.

Understanding your power bill is the first step towards understanding the benefits solar will bring to your household.

A good Solar Power Consultant will be able to work through your bill with you and gain an understanding of your power-use-profile, that meaning how you use your power on a daily basis.

From there they can tailor a system to suit your energy use and advise you of any changes to your energy use habits that may also be beneficial to you.

Some companies have sophisticated spreadsheets that can show you your energy savings and payback period on your outlay for the system.

The consultant can also show you how Solar Hot water can make an impact on the electric hot water component of your bill if applicable.

Want to eliminate your power bill?

We are the Lower Eyre Peninsula Solar Power Professionals

Want to learn more? Call Darren at Solar Depot Today!

0417 132 576

Men's health service expands to Port Lincoln

GAY Men's Health SA is hoping to expand its services into regional South Australia, starting in Port Lincoln.

Gay Men's Health SA is a service provided by Relationships Australia (SA) that offers support, education and advocacy services and program manager Christopher Birtwhistle-Smith visited Port Lincoln last week to start establishing links with local people and services.

"I see it as an opportunity for an ongoing relationship,"

Mr Birtwhistle-Smith said. "The country misses out so much on services."

Mr Birtwhistle-Smith said the organisation - previously part of the AIDS Council of South Australia - had been very "metrocentric" in the past and he wanted to do more outreach to regional areas like Port Lincoln.

He said Port Lincoln was the first regional centre the organisation was looking at, with the aim of setting up a model that could be taken to other regional centres like

Mount Gambier, Whyalla and the Riverland.

During his visit Mr Birtwhistle-Smith said he was meeting with key people to try and find out what the local needs were and what support and services the organisation could provide.

He said some of the services Gay Men's Health SA could provide for local people included a free counselling program, which could be used by people in regional areas because it was based online.

He said it was a free service

and people could book in for as many sessions as they needed.

He said the organisation also promoted the men's health information line (1800 671 582), expert information about HIV and sexually transmitted infections available through askanexpert.tumblr.com and awareness campaigns about things like PEP, which people can take within 72 hours if they think they have been exposed to HIV to reduce their chances of becoming HIV positive.

The Eyre Peninsula Old Folks Home Inc
Requires Care Workers
(holding Certificate III [minimum])
for casual positions over a variety of shifts
Apply in writing to: Director of Residential Care
26 Flinders Highway Port Lincoln SA 5606
Email : admin@epofh.com.au
Telephone : (08) 8682 1868 | Fax: (08) 8383 3341
Closing date Friday 20th June 2014
Available for Rent
Independent Living Units at Brougham Village Oxford Terrace
One bedroom with ensuite, kitchen, lounge, recessed laundry.
Centrally located. Applicants must be 65 years or older.
Very reasonable rental References required
Enquiries | PH: 8682 1868
26 Flinders Highway Port Lincoln
8682 1868

WANT THE TASTE OF THE BAROSSA IN YOUR OWN HOME?

Savoury BAROSSA

COOKBOOK: 10 Great Chefs - 30 Delicious Recipes
IS NOW ON SALE
for only \$9.95 plus postage and handling

AND ORDER YOUR COPY TODAY

JUST EMAIL: CHERYL.LANGE@FAIRFAXMEDIA.COM.AU
OR PHONE: (08) 8563 2041

Want to eliminate your power bill?

We are the Lower Eyre Peninsula Solar Power Professionals

Want to learn more? Call Darren at Solar Depot Today!

0417 132 576