



# *Post Care Support Services*



ELM PLACE

*Relationships Australia.*

SOUTH AUSTRALIA

## Who we are

Post Care Support Services (PCSS) provides case management, counselling, information and advocacy, to support young people and adults who have lived in out-of-home care and /or have been placed under the Guardianship of the Minister in South Australia as a child for more than six months. We recognise that people, during their time in care, may have both negative and positive experiences. Our service is committed to provide non-judgmental, respectful, confidential and culturally appropriate services in a safe environment to you with an understanding of individuals' needs and concerns.

## We can support you with

- Housing applications
- Brokerage for counselling
- Identifying pathways to, and gaining, employment
- Accessing vocational and higher education courses
- Reconnecting with family and culture
- Independent Living Skills
- Maintaining healthy relationships
- Accessing State Care records and supported release of information
- Grants Information and Applications
- Therapeutic and social groups
- Connect with various related services that can assist you
- Advocacy

**Note:** PCSS is not a crisis management service; our staff will refer clients experiencing a crisis to professional crisis management services.

## Referral to Post Care Support Services

Individuals may refer themselves to Post Care Support Services, be referred by family or friends, or through professionals services, Department for Child Protection, or social and community services.

- Individual referral: Please contact Post Care Support Services on 1800 188 118
- Service Providers: Agency online referral form is available at [www.elmplace.org.au](http://www.elmplace.org.au)

## Who can use our services?

If you are over the age of 16.5 years and were in out-of-home care and/or placed under the Guardianship of the Minister in South Australia, as a child, for more than six months, you can access services through Post Care Support Services at Elm Place.

## Cost:

Services are **FREE** of charge.



Check out GOM Central, a multimedia resource containing a Post Care blog and sharing/connection space, as well as a number of informative testimonial videos. It also connects you to other relevant and useful resources.

[gomcentral.elmplace.org.au](http://gomcentral.elmplace.org.au)



The GOM CITY game will help you to build independence skills and knowledge through a range of activities and mini games. Find a link to download the game on the GOM Central page.

## Address

City: 151 South Tce Adelaide SA 5000

Marion: Suite 500a, Level 5,  
Westfield Shopping Centre,  
297 Diagonal Road, Oaklands

Salisbury: Shop 7 Salisbury Cinema Complex  
Cnr James and Gawler Street, Salisbury

## Opening hours

We are open Monday to Friday from  
9.00am – 5.00pm.

## Contact details:

Phone: Post Care Support Services 1800 188 118

Email: [elmplace@rasa.org.au](mailto:elmplace@rasa.org.au)

## For further information:

[www.rasa.org.au](http://www.rasa.org.au) | [www.elmplace.org.au](http://www.elmplace.org.au)  
[gomcentral.elmplace.org.au](http://gomcentral.elmplace.org.au)

## Elm Place

Ground Floor, 151B South Tce Adelaide SA 5000

Post Care Support Services 1800 188 118

Find & Connect Support Services 1800 161 109

Redress Support Services 1800 998 187

[elmplace@rasa.org.au](mailto:elmplace@rasa.org.au)

Elm Place also provides Find & Connect Support Services, which provides support for people who were in care prior to 1989 anywhere in Australia, but now reside in South Australia.



Post Care Support Services work on Kaurna land and we acknowledge the Traditional Custodians of the land on which we work and live, and recognise Aboriginal people's continuing connection to land, water and community