



Australian
INSTITUTE
of SOCIAL
RELATIONS™

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To enrol online, visit:
www.socialrelations.edu.au

FIRST TIME IN ADELAIDE **Drs. John and Julie Gottman**

16 - 17 February 2012

Hosted by the Australian Institute of Social Relations, Adelaide

John and Julie Gottman have spent over 35 years researching over 3000 couples. Now after watching a couple for only 5 minutes, John Gottman can predict with 91% accuracy whether they will happily stay together.



What makes a relationship work?

When couples enter the therapy office, they sting with pain and despair. They look to the clinician to referee chronic conflicts, fix their partners, and rebuild burned bridges. In this workshop, Drs. John and Julie Gottman provide you with a research-based roadmap for helping couples to compassionately manage their conflicts, deepen their friendship and intimacy, and share their life purpose and dreams.

John Gottman, Ph.D. is world-renowned for his work on marital stability and divorce prediction, including the study of emotions, physiology, and communication. He was recently voted as one of the Top 10 Most Influential Therapists of the past quarter-century by Psychotherapy Networker magazine. He is the author of 190 published academic articles and author and co-author of 40 books, including his NYTimes best seller, *Seven Principles for Making Marriage Work*.

Bridging the Couple Chasm **Gottman Couples Therapy: A Research-Based Approach**

In this inspirational two-day workshop, you'll learn:

- Research-based strategies and tools to help couples successfully manage conflict
- Skills that empower couples to dialogue about their worst gridlocked issues by uncovering their underlying dreams, history, and values
- Methods to help couples process their fights and heal their hurts
- Techniques for couples to deepen their intimacy and minimize relapse
- New assessments and effective interventions to help understand couples' struggles.

Who should be attending?

Professionals who wish to serve today's couples and families, including counsellors, therapists and ministers of religion. This training will empower therapists to provide this help to couples and families.

The Australian Institute of Social Relations is a division of

The Gottmans' conference is presented in partnership with

Relationships Australia
SOUTH AUSTRALIA

Kassan
EVENTS

When is this training?

Thursday 16, and Friday 17 February 2012

Where will the training take place?

Adelaide Festival Centre
Festival Drive, off King William Road
Adelaide
South Australia 5000

Book now to secure your
place at the Gottmans' first
conference in Adelaide!

Fees

Total cost for this training is **\$825** (\$750 + GST).

This will include:

- A 300-page clinical manual featuring new relationship assessment questionnaires and clinical interventions designed to help couples break the cycle of criticism, defensiveness, contempt and stonewalling
- Morning and afternoon tea
- Lunch
- Note paper.

How to enrol

Log on to www.socialrelations.edu.au to enrol online.

Alternatively, call **(08) 8245 8100** and to enrol over the phone.

Workshop outline

Visit www.socialrelations.edu.au for full details of the workshop.

Workshops are also available in Melbourne and Brisbane:

Brisbane - 20–21 February 2012, Bardon Conference Centre

Melbourne - 23–24 February 2012, Royce Hotel

For more information:

Visit www.kassanevents.com

Cancellations up to 60 days before the Conference date will be fully refunded except for a \$50 administration fee deducted from the amount of your refund. Cancellations made within 60 days of the Conference date will not receive any refund. Tickets are transferable. If the course is cancelled by us, a full refund will be given.



Dr. John &
Julie Gottman