



Therapeutic Parenting with Relationship and Regulation

The Post Adoption Support Service (PASS) provides this parenting program specifically for adoptive parents. All children who have come in to families through adoption have experienced early trauma and attachment disruption. This can influence how they see themselves, the world, and the way they are parented. As a result, sometimes parents can feel that the way they are parenting is just not working with a child or young person, even though they have good parenting skills and have been doing everything 'right'.

This program was developed in recognition that it is parents are in the best position to help their children to heal from earlier experiences – you are with them every day and it is all the little interactions with those closest to them that may have the biggest impact. Yet parenting a child with these challenges can be challenging. This program will facilitate new understanding about your child and yourself, help you understand your child's perception of relationship and safety, and explores the support, skills and information you need to parent your child 'therapeutically'.

There is no charge to attend but bookings are essential.

Dates

Thursday mornings, 16 June to 4 August 2016

****NO sessions over school holidays on 14 and 21 July****

Time

9.30am - 12.00pm

Venue

Relationships Australia SA
49a Orsmond Street
Hindmarsh SA 5007

Booking

To register, please contact us (08) 8245 8100 email: enrol@rasa.org.au
online: www.rasa.org.au/enrol-now **Course Code PATPAP16O6**

Further Information

Contact Sandi Petersen on (08) 8245 8100 or email S.Petersen@rasa.org.au

Comments by previous participants on what they gained from attending the course:

"Fantastic course! It has made such a difference in the way in which I handle every day experiences with my teenager. I would highly recommend to anyone who is facing challenging behaviours to do this course - it works - and it works well! I came very stressed and emotional - I left calm and relaxed!"

"I had wondered if there was something wrong with my child or with me, but now I know that my child was behaving in ways that were normal for a child who had his experiences, and that I was not alone in how I felt. I feel encouraged and empowered."

"Great insight into causes of behaviour and ideas for handling it, matching theory to action, a sense of empowerment"

"Learning to parent in a more compassionate and understanding way. I gained a greater sense of understanding for my child and his experiences/trauma"