

## “When parents do better... children do better”

**Date: 17 May 2010**

Separation or divorce is hard on everyone. It's particularly hard for kids.

**The good news is...** Parental separation is not necessarily bad for kids when managed well.

**The bad news is...** Ongoing conflict is bad for kids. This is true whether parents stay together or separate.

But there is something parents can do about it.

On Friday, 21 May 2010, Relationships Australia (SA) Berri office is formally launching Working It Out For The Kids, a new service under the Australian Government's Post Separation Cooperative Parenting program. It offers support, coaching and education for separated/divorced parents in the Riverland.

This new service, funded by the Australian Government under the Family Support Program, aims to assist parents in managing their relationships after separation and to focus on their parenting responsibilities.

For many separated/divorced parents, it is difficult to keep adult issues involving an ex-partner separate from what they need to do as a parent. Dealing with emotions such as anger, grief, disappointment and jealousy is difficult and this service can assist separated/divorced parents in managing relationships better after separation whilst staying focused on the needs of children.

---

For media enquiries or further information, please contact:

Prue Sinoch  
Regional Coordinator  
Relationships Australia (SA)  
Phone: 08 8582 4122  
[p.sinoch@rasa.org.au](mailto:p.sinoch@rasa.org.au)

Anne-Marie Greathead  
Marketing and Communications Coordinator  
Relationships Australia (SA)  
Direct: 08 8216 5214 or Mob: 0402 828 404  
[a.greathead@rasa.org.au](mailto:a.greathead@rasa.org.au)