

Free information sessions for gamblers

Date: 16 August 2010

For many people in our community, gambling is an enjoyable recreational activity. While some people have a bet on the TAB or do x-lotto on occasion, for others, gambling is a regular part of their routine.

When is gambling considered a problem?

- If someone is spending more than he/she can afford to lose
- It is taking up too much time and interfering with other activities
- It interferes with important relationships.

The Gambling Help Services team at Relationships Australia (SA), in conjunction with the Unley Council are offering free information sessions for people who are affected by problem gambling. These information sessions are aimed at giving people the opportunity to meet, have a chat with a trained counsellor and gain access to information on services that are available to support people who are affected by problem gamblers.

The free information sessions will be held at:

Where: Goodwood Community Centre
32- 34 Rosa Street
Goodwood SA 5034

When: Monday, 23 August 2010 at 6pm
Wednesday, 1 September at 11am

Bookings are essential. To book or for more information call 08 8377 5400.

For media enquiries please contact:

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Gambling Help Services is provided by Relationships Australia South Australia Health Promotion Services and is funded through the Gamblers Rehabilitation Fund, a joint initiative of the Australian Hotels Association (SA Branch), Clubs SA, Adelaide Casino and the Government of South Australia.