



Aims of the sexual concerns service

- To provide a quality, specialist counselling service to individuals and couples who have concerns about sexuality and/or their sexual relationships.
- To provide a telephone counselling service by appointment to individuals and couples who choose to receive their counselling via the telephone, or those who live in rural and remote communities in South Australia.
- To provide a consultation service in sexuality for health professionals.
- To provide teaching and professional training in sexuality to undergraduate and postgraduate doctors, nurses, psychologists, counsellors and other professional groups.

Who provides the service?

The service is provided by professionally-qualified therapists in consultation with a medical specialist.

The therapists specialise in sex therapy with individuals and couples whatever their sexual orientation.

Who can benefit from counselling?

Individuals or couples wishing to address any of the following concerns:

- Differences in levels of sexual desire
- Loss of sexual desire
- Painful intercourse (including vaginismus)
- Inability to achieve orgasm
- Erectile difficulties such as rapid ejaculation, inability to achieve or maintain an erection
- Sexual functioning affected by:
 - Chronic illness
 - Surgery
 - Disability
 - The ageing process
 - Child sexual abuse
 - Confusion with sexual orientation
 - Problematic compulsion, for example towards sex, pornography, cyber sex, love.

Referrals

Clients may be referred by health care professionals or counsellors but are encouraged to make their own appointments.

Seminars and workshops

The sexual concerns seminars and workshops are an opportunity for individuals and couples to enhance their sex life and learn new ideas and techniques.

There is not a set schedule of seminars and workshops, so to find out more, please contact staff of our sexual concerns service.

Fees

Relationships Australia (SA) provides services subsidised by the Australian Government. As these subsidies do not fully cover the costs of all services, it is necessary to charge fees. Reduced fees are available for concession card holders.

Special arrangements may be negotiated for people on low incomes or with special requirements.





Individual requirements

Relationships Australia (SA) is committed to providing quality services to all people and understands that sometimes there are barriers that may prevent people from accessing community services. If you have any difficulty in accessing our services please speak to us about how we can help. For example, we can arrange for a cultural assistant or an accredited language or hearing interpreter to assist you if necessary.

Confidentiality

All information given to the agency is confidential. Confidentiality will only be waived when matters of a serious or criminal nature arise.

We value your comments

Relationships Australia (SA) is very proud of the excellent service it provides to the community. Client feedback is an important part of maintaining our service delivery standards. If you have any feedback about any of our services or staff, you can provide this by:

- Phoning Relationships Australia (SA) directly on (08) 8223 4566
- Completing and sending back the Feedback Form found in our 'Your Service Rights' brochure
- Sending us a letter outlining your feedback.

Service locations

Relationships Australia (SA) provides its sexual concerns service at the following locations:

- Adelaide
- Ridgehaven.

Contact us

Adelaide office

55 Hutt Street
Adelaide
South Australia 5000

(08) 8223 4566

Country callers: 1800 182 325
Fax: (08) 8232 2898
TTY: (08) 8227 1859
Email: mail@rasa.org.au

Ridgehaven office

Unit 2, 1273 North East Road
Ridgehaven
South Australia 5097

(08) 8396 4237

Fax: (08) 8396 4237
Email: rasane@rasa.org.au

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